

METROPOLITAN LUXE

WINTER 2015/2016

BOUNDARY
PUSHING
STYLE

*Discover Rivas
76' Perseo New*

*Resolve. Great ways to
renew and rejuvenate your mind, body,
soul & home for the new year.*

PERSEO 76

CONTRIBUTORS



Alexandra Groom

Alexandra was born and raised in Monaco to British parents. An obsession with yachts and the sea was always going to be a given, although no one was prepared for how early this would manifest itself.

She went to boarding school and then university in England where she studied English Literature, and finally understood why the English always talk about the weather. She now lives in London and is the Features Editor at SuperYacht World, which keeps various airlines in business whilst she travels around the world.



Elaine Lembo

Elaine is a freelance writer and transatlantic sailor whose background includes lengthy stints as an usher at the John F. Kennedy Center for the Performing Arts in Washington, D.C. She's based in Newport, Rhode Island. In this photo, she's a crewmate on the Swan 57 Flyer as it closes in on the Azores.



Margery Gordon

Margery is a freelance journalist, art critic, curator and educator based in Miami Beach. Raised amid the development of South Florida's visual art community, she remains active in its continuing evolution. Her writing about modern and contemporary art and design has appeared in a range of magazines, websites, newspapers and catalogues over the last 20 years, including Art + Auction, ARTnews, Ocean Drive, Muses & Visionaries, and Art Basel Miami Beach Magazine. As the founder and director of Arts Encounters, Gordon organizes cultural tours, programs and exhibitions. Follow her on Twitter @margerysgordon.



Robin Bradley Hansel

Robin is a South Florida freelance writer "rooted and grounded in a love of words." As owner of Green Treehouse Media, LLC, Robin's passion for environmental conservation and her background as a physical therapist are reflected in many of her published articles and writing projects for private clients.



Emily Harris

Emily is an award winning photographer who specializes in wedding and event photography for the last ten years in South Florida. She trained as a photojournalist at the University of Florida, and worked as a photographer at the Miami Herald.

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In the **KITCHEN** *with Chrissy*

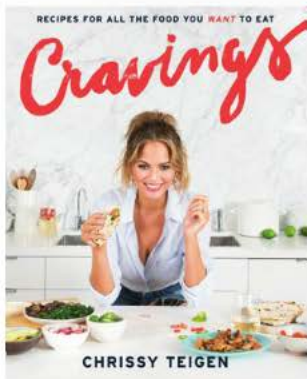
Model, wife, TV personality and soon-to-be mom, the multi-hyphened beauty is now adding “cookbook author” to her list of accomplishments.

BY ROBIN BRADLEY HANSEL

The same week Sports Illustrated cover model Chrissy Teigen announced the pregnancy of her long-awaited child with superstar husband John Legend, news broke that her first cookbook, *Cravings: Recipes for What You Want to Eat*, would be arriving two months earlier than expected. Its launch means the star of MTV, Cooking Channel specials and cohost of ABC's new FABLife daytime talk show, will realize yet another big dream.

Teigen, wildly popular with fans and foodies via Instagram, Twitter and her food blog, *SoDelushious.com*, has done a brilliant job whipping together a passion for cooking with lots of ultra-spicy antidotes and hilarious dashes of culinary failures. The end result

is a tasty sampling of recipes and real life shared with contagious enthusiasm by a surprisingly approachable celebrity whose millions of followers feel as if they've cooked with her forever.



Previews of the book's gorgeous photography and easy-to-follow directions are intriguing even to non-cooks. With nearly 100 original recipes -- including ones that earned her title of “Soupmaster,” others borrowed from her Thai mother, along with sandwiches and snacks by her live-in (lovely!) sous-chef, John -- Teigen dishes up huge helpings of fun and style.

Published by Clarkson Potter of Penguin Random House's Crown Publishing Group, Cravings' due date is 2/23/16 (\$27). Ready for seconds, anyone?